

The Westword

25 Cents

(suggested donation)



Westword is a monthly newsletter published by Calgary Intergroup
(westwordeditor@gmail.com)

Weekend Big Book Study

Anyone interested in a concise look at understanding and using the 12 Steps of Alcoholics Anonymous in their daily life, should plan to attend the second annual Calgary Weekend Big Book study scheduled for October 8 to 10.

After a successful first Weekend Big Book study in October 2009, which was attended by about 200 Calgary and area AA members, the second annual event will be held at the Rosscarrock Community Centre, 4411 - 10th Ave. SW. (For any who attended the event last year, the Rosscarrock Centre is in the same general area).

“It was a great opportunity to get a much deeper understanding of the Big Book and how to include the 12 Steps in your daily life,” says Jason F., one of those who attended the 2009 event. “You can learn as much in one weekend, as otherwise might take months or years of study on your own.”

The Weekend Big Book study will again be led by Jim B., assisted by Shane C. and James W. In a page-by-page review of most of the first 164 pages of the Big Book, the focus of the study is, as stated on Page xiii of the First Edition, “To show other alcoholics precisely how we have recovered”.

Participants are asked to bring a Big Book, along with pen and paper. The event gets started Friday at 5 p.m. with registration, and resumes Saturday and Sunday at 8 a.m. The \$35 registration fee, which covers the cost of hall rental and meals, includes continental breakfast and lunch Saturday and Sunday, as well as dinner Saturday night. Copies of the Big Book and hi-liters will also be available at the session.

For tickets or more information contact Holly M. at 403-805-0116 or Holly D. at 403-463-3941.

Pioneer's Dinner

With reports that ticket sales are going ‘alarmingly fast’, Calgary and area AA members are urged not to delay in getting their seats for the 2010 Calgary Intergroup Pioneer’s Dinner coming up October 23.

The annual dinner, organized by the Intergroup Archives Committee, is being held at Dalhousie Community Church on Baroc Road in northwest Calgary. Tickets are \$25 and the dinner gets underway at 5:30 pm.

Along with an excellent meal, marking the anniversary of the first AA meeting in Calgary, the evening also features three speakers – Jim S. of the Haddon Road Group, Bill F. of Airdire Country Group and Jason D. of Al-Anon.

For further information or to buy tickets call Calgary AA central office at 403-777-1212 or email aaoffice@telusplanet.net.

I am responsible

When anyone, anywhere reaches out for help, I want the hand of AA always to be there.

For that, I am responsible

Calgary A.A. Central Office

#2, 4015 1st Street S.E.

Calgary, Alberta – T2G 4X7

Phone: 403-777-1212 Fax: 403-287-6540

Email: centraloffice@telus.net

Office Hours:

Mon. to Thur.: 8:30 am – 1:00 pm, 2:00 pm – 5:00 pm

Fri.: 8:30 am – 5:30 pm, Sat: 9:00 am – 1:00 pm

Closed Sundays and Stat Holiday Weekends

(Closed Saturday October 9, Monday October 11 for Thanksgiving;

Thursday November 11 for Remembrance Day)

In Brief:**Intergroup Sunday Morning Breakfast and Speaker Meeting**

Join us for good food, good fellowship and personal stories of the speaker's journey

at the

DOWNTOWN RAMADA INN

708 – 8th Avenue SW

Breakfast at 9 am, speaker at 10 am

Buffet Breakfast \$15 – Healthy Start Breakfast \$11

Toast & Coffee \$6 – Coffee \$3

Contact: Everett W. at 403-836-1933

CPC Planning Meeting

Calgary's enthusiastic Cooperation with the Professional Community (CPC) committee will not be meeting over the summer months! We will be starting fresh September 15th at 7 pm at Central Office. Please send a group representative as we have many presentations to get going on.

Have a safe, sane and sober summer – see you in September!

Yours in service, Karen C.

Chair Calgary CPC Committee

Calgary Intergroup Archives Committee Annual Pioneers Dinner

Saturday October 23rd, 2010, 5:30-10 pm

Dalhousie Community Church

5511 Baroc Rd. N.W., Calgary, Alberta

Cost: \$25.00 includes dinner and refreshments

Speakers:

Jim S., (Haddon Road Group)

Jason D., Al-Anon

Bill F., (Airdrie Country Group)

For further information contact Central Office at

(403) 777-1212 or aaoffice@telusplanet.net

12TH STEP LIST

September is recruitment month

Please sign up

Contact: Abby at 403-836-8904 or Mathew 403-777-1212 or email centraloffice@telus.net

On the Horizon:

Excerpts from some of the posters at Calgary Central Office (403-777-1212)

Local:

Garnet Block Gratitude Roundup: September 24, 25 and 26 (see ad on this page for more information).

2nd Annual Calgary Weekend Big Book Study: October 8, 9, 10, 2010 at Rosscarrock Community Centre. 4411- 10th Avenue SW; Cost is \$35 per person (covers meals and room rental); for more information contact Holly D. at 403-463-3941 or Holly M. at 403-805-0116.

Knox Nooners Celebrate 35 Years: October 15, 2010 (see ad on page 3 for more information).

Calgary Intergroup Archives Committee Annual Pioneers Dinner: Saturday October 23, 2010 (see ad on this page for more information).

At Large:

District Ten's 27th Unity Roundup: October 15 and 16, 2010 at Elk's Hall, 400 Diamond Ave., Spruce Grove. The weekend package is \$25 which includes registration, banquet and Saturday breakfast. There are no camping facilities so other arrangements must be made. For tickets contact Chris M. at 403-233-8747.

Innisfail 24 Hour Group's 49th Anniversary Celebration: October 23, 2010 at the Aberdeen Hall (Hwy. 590 East of Innisfail); Supper at 6 pm; AA and AL anon speakers, social to follow speakers; Cost is \$15 for singles, \$25 for couples and \$8 for youth (12 and under)

9th Annual Journey through the Big Book: November 19, 20, 21, 2010 at Camp Horizon in Bragg Creek; Cost is \$160 per guest (includes accommodations and meals); For more information e-mail fellowship@hotmail.ca or call Sheila K at 403-282-5138, Barry B at 403-454-1875 or Dana H. at 403-701-2826

**Annual Garnet Block Gratitude Round Up**

September 24th, 25th, 26th

Oddfellows Centre (downstairs)

1507 - 14 Avenue SW

Come Join Us!!

"We can do what I can't do"

For more information contact gslenzin@shaw.ca

Campus Group

A Meeting of Alcoholics Anonymous
at Mount Royal University

Closed, Mixed, Brown Bag Lunch Meeting

Every Tuesday from 12 to 1 pm

September 28 to December 7, 2010

Room Z013

Lower Level, Wyckham House

(West gate Entrance off Richardson Way

(Z013; downstairs near Ticket Master & Post Office)

Calgary Archives

Due to the fact that we have the Area Assembly on September 18th and an Executive session on September 25th, we will not be having a work day in the month of September. Look to the October announcement for our work day then.

God Bless and have a great month
Archive Chair – Bill P.

Knox Nooners is Celebrating 35 Years!



Join us on October 15, 2010

11:30 a.m. - 1:30 p.m.

(formal meeting 12:00 noon - 1:00 p.m.)

* Speakers * ; * Gratitude Meeting *

* Pot-Luck Lunch * ; * Fellowship *

The Parlor of Knox United Church

506 - 4th Street SW

Calgary, AB

(downtown)

Use 4th Street Entrance

New Meetings:

SMOG FRENCH GROUP: (starting October 2, 2010) Saturday at 7:30 pm; **French speaking only**, mixed, open, French big book discussion format; 2404 Kensington Rd., NW

FRONT RUNNERS: Friday at 8:00 pm; open, mixed, gay/lesbian, beginners; 1507 - 14 Ave. NW (Hillhurst United Church)

MEMORIAL PARK MEN'S GROUP: Thursday at 7:30 pm; closed, men's step & tradition; room 3001 (3rd floor), 1213 - 4th Street SW (Sheldon Chumir Health Centre, wheel chair accessible)

AS BILL SEES IT: (starting October 6, 2010); Wednesdays at 0645 am; open, mixed, discussion; 11625 Elbow Drive, SW (Cannon Meadows Shopping Centre, Upstairs, Room 203), (contact Danny at 403-614-4045 for more information)

SOBER SISTERHOOD OF COCHRANE: Thursdays at 7:30 pm; Closed, Ladies; (last Thursday of the month is a speakers meeting open to women only); All Saints Family Centre, 404 - 4 Ave. N, Cochrane.

HEAD TO HEART BIG BOOK STUDY: Sundays at 7:30 pm; Closed, Mixed, BB; Masonic Hall, Centre Ave., Cochrane

BY THE BOOK GROUP: Thursdays at 7:00 pm; Open, Step and Tradition, wheel chair accessible; (last Thursday of the month birthday speaker meeting); Bowness Senior Centre, 6422 - 35 Ave. NW

HADDON'S "I AM EVE" (starting Sept. 13): Sundays, 12:30 pm: Open, Ladies, Discussion; Room 2001, 200 Haddon Road SW.

NEW BEGINNINGS - 11TH STEP PRAYER MEETING: Tuesdays, 8:45 pm; Closed, Mixed; 11625 Elbow Dr. SW (Canyon Meadows Shopping Centre, Upstairs Rm. 203)

POUND THE ROCK GROUP: Wednesday 7:00 pm; Open, Mixed, Discussion; #203, 320 - 10 St. NW (upstairs, Kensington Church of Hope Office)

PRIMARY PURPOSE GROUP: Wednesday 8:00 pm; Closed, Mixed, B.B. meeting; 4th Wednesday of the month is a speaker meeting; old house behind the church at 513 - 13th Avenue SW.

Meeting Changes:

WALKING EAGLE GROUP (new location): Monday at 8:30, meeting at Sharon Lutheran Church, 210 - 10 Ave. NE. (back door).

SATURDAY NIGHT TRAIN WRECK GROUP (time change): changing to 10:00 from 11:00 pm; 4620-A Bowness Rd. NW.

AVENTA WOMEN'S TREATMENT FACILITY (time change): Sundays changing to 4:30 pm from 7:30 pm; 2201 Cliff Street SW.

OKOTOKS SUNDAY MEN'S GROUP: (temporary location change); Sundays at 8:00 pm moved to Cactus Club Salon, Bay 3, 11 Elizabeth Street, east side door (sign on door "Temporary Office United Church).

DALHOUSIE LADIES GROUP: (new day effective May 20) changing to Thursday 8:00 pm; 5511 Baroc Rd. NW (Mennonite Church, Upstairs)

MIDNAPORE: (new time, new format); now Monday 8:00 pm; Closed, mixed; living sober discussion, second Monday each month is a speakers meeting; St. Mary's College (west entrance), 14540 Bannister Rd. SE.

Meeting Cancellations:

OLDS THURSDAY NIGHT: Thurs. at 7:30 at Olds United Church is **cancelled**.

COME AND SEE GROUP: Sunday 7:00 pm at St. Joseph's Catholic Church, the meeting is **cancelled**.

DISTRICT 78 SPEAKER MEETING: Thursdays, 7:30 pm at Thornhill Baptist Church, 128 Tache Ave. NW is **cancelled until a new venue is found**.

VALUABLE 12 STEP OPPORTUNITIES

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics" - Big Book Pg. 89

OLD GRAPEVINES NEEDED: Calgary and Area 78 Corrections Committee is always in need of current and old grapevines. Please drop them off in a special box at Central Office and they will be read several more times and help inmates to find sobriety.

Calgary AA members are needed for the 12 Step List. For more information call Abby at 403-836-8904 or Mathew 403-777-1212 or email centraloffice@telus.net

HAPPY AA BIRTHDAY!

(All birthday notices are entered as received on a best efforts basis and may occasionally include unintended errors. If this is the case, let us know and we will attempt to correct them.)

July 2010

AWAKENINGS GROUP:

Martin W. – 24 yrs.

UNITY GROUP:

Joanne G. – 22 yrs.
Katherine B. – 14 yrs.
Colleen C. – 10 yrs.

August 2010

AIRDRIE BACK FROM HELL GROUP:

Norm – 2 yrs.
Mark F. – 1 yr.

CANDLELIGHT GROUP:

Leannie C. – 4 yrs.
Chantal E. – 5 yrs.
Don E. – 2 yrs.

DAILY REFLECTIONS GROUP:

Ken S. – 1 yr.
Wally D. – 1 yr.
Andrea B. – 1 yr.
David L. – 6 yrs.
Dave B. – 3 yrs.
Treena M. – 7 yrs.
Joelle – 1 yr.

DESPERATIONS GROUP:

Tree B. – 3 yrs.
Scott B. – 4 yrs.
Pam A. – 1 yr.

MALBOROUGH PARK GROUP:

Ray I. – 23 yrs.
Larry W. – 1 yr.
Jeanne C. – 4 yrs.

NORTHLANDERS GROUP:

Paul F. – 3 yrs.
Briana D. – 3 yrs.
Will W. – 1 yr.

August 2010 (cont.)

NEW BEGINNINGS GROUP:

Lise S. – 1 yr.
Jolena F. – 2 yrs.
Jack D. – 2 yrs.
Don M. – 5 yrs.
Allison W. – 5 yrs.
Linda W. – 6 yrs.
Andre P. – 10 yrs.
Al S. – 20 yrs.
Patti F. – 29 yrs.

NW CALGARY GROUP:

Lisa D. – 2 yrs.
Becky A. – 21 yrs.
Roger D. – 23 yrs.

SATURDAY FOREST LAWN GROUP:

Kim W. – 13 yrs.
Julien B. – 2 yrs.

September 2010

272 GROUP:

Larry C. – 15 yrs.

ACTION GROUP:

Roseanne – 16 yrs.
Mike M. – 12 yrs.
Al D. – 1 yr.
Thomas McF. – 1 yr.

AIRDRIE BACK FROM HELL GROUP:

Melanie B. – 4 yrs.
Ben S. – 2 yrs.
Shandi B. – 3 yrs.

AIRPORT GROUP:

Cory – 2 yrs.
Derek – 12 yrs.
Janet – 16 yrs.

DALHOUSIE MENS GROUP:

Don D. (Dandy) – 11 yrs.

September 2010 (cont.)

DEER RIDGE GROUP:

JoAnn J. – 18 yrs.
Jason J. – 2 yrs.

FRONT RUNNERS GROUP:

Jesse S. – 1 yr.
Lauren P. – 1 yr.
Bob J. – 32 yrs.
Blair F. – 23 yrs.
Carrie N. – 1 yr.
David M. – 1 yr.
Shelly M. – 2 yrs.
Ted L. – 27 yrs.

HADDON ROAD GROUP:

Brian B. – 12 yrs.
Marty K. – 10 yrs.
Melody M. – 6 yrs.
Tanya J. – 6 yrs.
Mike W. – 3 yrs.
Sean C. – 3 yrs.
Ray P. – 2 yrs.
Jay M. – 1 yr.
Brian I. – 1 yr.

HIGHLAND PARK GROUP:

Cate C. – 19 yrs.

INGLEWOOD GROUP:

Joe S. – 21 yrs.
Wayne C. – 2 yrs.

IRRICANA RECOVERY GROUP:

Wayne D. – 32 yrs.
Maria B. – 11 yrs.
Dan S. – 3 yrs.
Eunice B. – 14 yrs.
Jenny F. – 4 yrs.
Brenda H. – 6 yrs.

NW CALGARY GROUP:

Juan – 1 yr.

September 2010 (cont.)

MATT GROUP:

Sharon D. – 21 yrs.
Sherry F. – 15 yrs.
Ray H. – 1 yr.
Ryan H. – 1 yr.

OPEN DOOR GROUP:

Albert D. – 11 yrs.

RECOVERY GROUP:

Louise M. – 21 yrs.
JC – 6 yrs.
Jim H. – 4 yrs.
Bill O. – 3 yrs.
Eric V. – 3 yrs.
Monika B. – 3 yrs.
Prasod G. – 2 yrs.
John B. – 2 yrs.
Shelly M. – 2 yrs.
Joe M. – 2 yrs.
Bob C. – 2 yrs.
Dave F. – 2 yrs.
Sherrill M. – 2 yrs.
Len L. – 2 yrs.
James W. – 1 yr.
Patrick M. – 1 yr.
Adrian P. – 1 yr.
Justin B. – 1 yr.

SATURDAY NIGHT FOREST LAWN GROUP:

Norm N. – 34 yrs.
Melissa M. – 1 yr.

TUESDAY MORNING LADIES:

Maureen D. – 28 yrs.

WEST END STEP & TRADITION:

Sheila A. – 9 yrs.
Gary C. – 5 yrs.
Jeremy S. – 1 yr.

WESTWORD DEADLINES

The deadline for submissions for October's edition of The Westword is September 30th.

Please email any notices for the Westword to: westwordeditor@gmail.com or drop notices off at Calgary Office.

Speaker Meetings:

Daily Reflections	Last Thursday of the month at 8:30 pm	134 Scarboro Ave SW (United Church)
Downtown Saturday Night	Saturday nights at 8 pm	801 – 7 th Ave. SW Nexen (Fortis) Building North Tower
Saturday Night North East	Second Saturday of the month at 8 pm	2523 – 56 th Street NE

Telephone Monitoring

THANK YOU ALL WHO SIGNED UP AS LATE NIGHT MONITORS! IF YOU WOULD LIKE TO SERVE IN THIS CAPACITY, PLEASE CALL Abby at: **403-836-8904**

or Central Office at: **403-777-1212**

monitorchair@gmail.com

KEY CONTACTS

Intergroup chairperson – calgaryintergroup@gmail.com
Public Information Chair – pichair.calgary@gmail.com
Telephone Monitoring Chair – monitorchair@gmail.com
Intergroup Secretary – calgaryintergroupsecretary@shaw.com
Intergroup Treasurer – centraloffice@telus.net
Westword Editor – westwordeditor@gmail.com
Special Events – calgaryintergroupsevents@gmail.com
Intergroup Archives – calgaryintergrouparchives@gmail.com
Intergroup Archivist – intergrouparchivist@gmail.com
Calgary Central Office – centraloffice@telus.net